# Investigations of sintering temperature and cell viability of biocompatible nano Yttria stabilised zirconia coated on 316L SS for dental applications

DOI:10.36909/jer.ICMMM.12435

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#### ABSTRACT

Development of biocompatible dental implants has become significant impact in dental industry. In the present work, we report for the development of biocompatible nano Yttria stabilised Zirconia (YSZ) coatings on 316L stainless steel (316L SS) obtained by EPD process. The optimized sample (nano YSZ coating on 316 obtained at applied potential of 70 V for 5 minutes) were sintered in air at 600, 800 and 900°C. The surface morphology and composition of the coatings were characterized by XRD and FE-SEM with EDAX. The electrochemical performance of the uncoated metal and nano YSZ coated 316L SS samples were evaluated in artificial saliva (AS) medium using electrochemical techniques such as Open Circuit Potential – time measurement (OCP), Electrochemical Impedance Spectroscopy (EIS) and Cyclic Potentiodynamic Polarization (CPP).

Keywords: YSZ, 316L SS, EPD, Artificial saliva, Electrochemical studies.

## **INTRODUCTION**

Corrosion of dental implant in oral environment is one of the major concerns as it aggravates the local environment leading to failure of dental implants.Corrosion occurs due to various acidic and basic pH fluctuations encountered in the mouth through the different food stuffs we consume,

presence of debris material in the oral environment after eating (G. Duffo et al., 1999, T.P. Chaturvedi et al., 2009 & J. Mouhyi et al., 2012) The rate of corrosion increases when we chew food under different conditions due to the regular mechanical forces of the mouth. During this process, large amount of metal ions and debris are generated which could lead to accumulation in the gums and finally to adverse tissue reactions in the oral environment (C.Danieli et al., 2013 & A. Mombelli et al., 2018). Under low pH, implant surface gets easily corroded due torelease of more ions. Increased porosity, reduced marginal integrity and loss of strength in the implant surface leads to excessive corrosion.In acidic medium, the active dissolution of metal ions can occur upon exposure of the bulk metal (K.J. Anusavice et al., 2003). Hence, there is a necessity to improve the surface of implants by using surface modification technologies.

In most of the biomedical industry, medical grade 316L Stainless steel (SS) alloys are used most often (J.C. Watahaet al., 1996). This SS alloy leads to pitting corrosion most likely in the oral environment. Hence, utmost care is required to maintain and use passive (oxide) surface conditions. The use of 316L SS often results in allergy for patients, thus bringing about a need for surface modification or new lookout for an alternative material (A. Wennerberg et al., 2010).

Compared to stainless steel, bioinert ceramics such as Zirconia and alumina have a higher compressive strength and superior biocompatibility.  $\alpha$ -alumina with hexagonal crystals is responsible for its chemically stability which may be due to crystallographic stability (Maria Cecilia Corrêa de Sá e Benevides de Moraesa et al., 2004).Usually, Zirconia ceramic is not stable as itoccurs in three crystallographic phases such as cubic, tetragonal, monoclinic phase and thesechanges may take place under various conditions (change of temperature, humidity and mechanical stress) (I. Denry et al., 2008 & Chevalier et al., 2009).

Zirconia and YSZ possess high biocompatibility, chemical resistance and mechanical properties such as high toughness, high flexural strength, wear resistance and corrosion resistance (D.Liu et al., 2012 & Ossama Saleh Abd El-Ghany et al.,2016). They are chemically inert materials that allowgood cell adhesion compared to other dental ceramics (Abhishek Apratim et al.,2015). Additionally, Zirconia exhibits several promising physical and mechanical properties including low thermal conductivity, high flexural strength (900-1,200 MPa), favourable fracture resistance, as well as wear and corrosion resistance. Zirconia possesses excellent properties due to a phenomenon termed as phase transformation toughening (Norbert Cionca et al.,2017 & V.Muthukumaran et al.,2010)

Electrophoretic Deposition process is suitable method for deposition of nano YSZ on the surface of metal substrate (316L SS). EPD instrumentation requires simple components like DC power source meter and glass beaker with mechanical stirring. EPD process provides highly uniform and crack free coating from various suspensions of bioceramics in organic solvents (Emilija Bajraktarova-Valjakova et al.,2018). The deposition rate can be controlled by varying applied voltage and coating time.

### 2. MATERIALS AND METHODS

Nano YSZ (99.99%) (Particle size <100nm) obtained from Saint Gobain, China. All other chemicals and solvents used in the following experiments were of analytical grade.

## 2.1 EXPERIMENTAL

#### 2.1.1 SUSPENSION PREPARATION

To prepare 2% nano YSZ suspension, the nano YSZ powder was finely grounded in mortar and pestle. The accurately weighed 1 gram of nano YSZ was mixed with 100 ml of isopropyl alcohol in a 100ml beaker. The obtained suspension was placed in ultrasonicator for 10min to get agglomerate free suspension. The  $1.0 \text{ cm}^2 316\text{L}$  SS were used as cathode and 314 stainless steel as anode.

## 2.1.2 NANO YSZ DEPOSITION ON METAL SUBSTRATE BY EPD PROCESS

316L SS specimens were encapsulated in Teflon and electrodes were totally immersed in 2% nano YSZ suspension so that only the uncovered substrate face in front of the anode can be coated. A magnetic stirrer was used in order to avoid particle sedimentation. A power source was used to apply the desired current density to the suspension for a fixed time. The coatings were deposited from 30 to 120 V to study the effect of deposition at a constant time of 5 min. The nano YSZ coated 316L SS samples are removed from the bath and dried at room temperature and then the dried samples were sintered at 600, 800 and 900°C.

## **2.2 CHARACTERIZATION**

TheMicro hardness tests have been performed using a Vickers microindentor. The microstructure and uniform deposits of nano YSZ were observed by FESEM (CARL ZEIS). XRD for nano YSZ were obtained using Bruker model. The Electrochemical impedance spectroscopic investigations were evaluated using electrochemical workstation (Bio Logic SP240).

#### **3. RESULTS AND DISCUSSION**



#### **3.1 MICRO HARDNESS STUDIES**

**Figure 1** Micro hardnessprofile obtained for uncoated 316L SS and nano YSZ coated on 316L SS samples sintered in air at different temperature of 600°C,800°C and 900°C.

Figure 1 (a&b) shows Micro hardness profile obtained for bare 316L SS and nano YSZ coated 316L SS specimens. Micro hardness tests for the optimized nano YSZ coated 316L SS samples have been performed using a Vickers microindentor with loads of 100g and load time of5 seconds ( I.Corni et al.,2008 & Brandusa Ghiban et al., 2006). The optimised sample sintered at 800°C possess high hardness compared to other sintering temperatures.

## **3.2 XRD STUDIES**

The XRD patterns of nano YSZ deposits on 316L SS sintered in air at different temperature 600°C,800°C and 900°C respectivelywere shown in Figure2. All the indexed peaks match well with standard JCPDS card No. 82-1246 indicating the presence of cubic structure (T. Sopcak et al., 2018). The crystallite size was determine using Scherrer's formula and the size for nano YSZ coated 316L SS was found to be 31 nm. Further, it can be observed that there are no additional peaks related to metal oxides and the nano YSZ deposits.



**Figure 2** X-ray diffraction of nano YSZ coated on 316L SS samplesintered in air at different temperature of 600°C,800°C and 900°C respectively.

#### **3.2 FESEM WITH EDAX ANALYSIS**

FESEM and EDAX analysis were carried out to study the morphology, size and elemental composition of nano YSZ deposits on 316L SS sintered in air at 600, 800 and 900°C respectively. The obtained FESEM and EDAX results were presented in Figure3&4. It was observed that nano YSZ coated sample sintered at 800°C possess uniform grain size distribution with close packed arrangement of particles. Also, porosity is important for the integration of dental implants with bone tissue (G. Callon et al., 2000 & M. Mour et al., 2010). The nano porous nature obtained from the FESEM image indicate the possible application of nano YSZ coated 316L SS in load bearing areas. Further, there were no traces of metal oxide peaks for base metal stainless steel.



**Figure 3** FESEM image obtained for nano YSZ coated on 316L SS sintered in air at 600°C,800°C and 900°C respectively.

Additionally, EDAX analysis represented in Figure4 confirms the presence of yttrium stabilized nano YSZ along with the oxygen peak. This further confirms the absence of oxidized products of the base metal and decomposition of nano YSZ and formation of new products on the surface.



**Figure 4** EDAX obtained for nano YSZ coated on 316L SS, sintered in air at different temperature of 600°C,800°C and 900°C respectively.

## **3.3 OPEN CIRCUIT POTENTIAL TIME MEASUREMENT**

Figure 5 depicts the OCP-time measurements values of nanoYSZcoated 316L SS sintered at different temperature (600, 800, and 900°C). The OCP values are directly shifted towards active direction after 1 hour and it attains steady state soon. The OCP of nano YSZ coated samples shifts towards nobler direction when compared to uncoated 316L SS. It must be noted carefully that samples sintered at 800°C in air shift more nobler direction when compared to the samples sintered at 600 and 900°C respectively. This indicates that samples sintered in air at 800°Csignificantly enhance corrosion resistant properties of the metal surfacedue to the packing of nano YSZ firmly on 316L SS (Young-Ah Yi et al., 2015). While the samples sintered at 600 and 900°C, nano YSZ particles were not tightly held together. Thus, 800°Cwas observed to be the optimized sintering temperature for nano YSZ on 316L SS.



Figure 5 OCP results obtained for optimized (70 V & 5 minutes) nano YSZ coated 316L SS at different sintering temperature in air.

## **3.4 ELECTROCHEMICAL IMPEDANCE STUDIES**

Figure6indicates EIS values of nano YSZ coated 316L SS sintered at different temperature (600, 800 and 900°C). The frequency sweep was performed from 10 kHz down to 10 mHz with a perturbation amplitude of 10 mV. The coated samples obtained at 70V and 5 minutes sintered at 800°C possess high impedance (245744 Ohm cm<sup>2</sup>) when compared to other samples indicating high corrosion resistance. The obtained Nyquist impedance values of all the specimens were fitted usingZfit software fitting analysis (Florence Barre, et al., 2003 & Xiaoqiang Xue et al., 2017).. Based on the simulated values, the equivalent circuit is proposed and depicted in Figure 6, where, Rs-solution resistance, passivation resistances and impedance values were high in optimized 800°C sintering temperature. These studies confirm that nano-YSZ coated 316L SS possess more resistivity of ions attack from AS (abbreviate somewhere) medium as it consistently resist the electron transfer from metal surface to the bulk of the AS medium.



**Figure 6** Nyquist impedance for optimized nano YSZ coated 316L SS at different sintering temperatures in air.

Bode impedance and Bode phase plots were given in the Figure 7 (a&b). The samples sintered at 800°C possess maximum impedance value compared to other sintering temperature and uncoated specimens (Sharif Hussein Sharif Zein et al., 2012). The phase angle of the optimized nano YSZ coated 316L SS sintered at 800°C exhibited a significant shift to -70° indicating high capacitive behaviour. This data revealed that the corrosion resistivity of optimized nano YSZ coated 316L SS sintered at 800°C in air is significantly higher compared to other sintering temperature.



Figure 7 (a) Bode impedance and (b) Bode phase plots obtained for optimized nanoYSZ

coated 316L SS sintered in air at different sintering temperature.

**Table 1** Z fit values of nano YSZ coated (sintered at 600,800 and 900°C under air atmosphere) samples under AS in medium comparison with uncoated 316L SS.

r	Sintering Femperature	Z  $\Omega \text{ cm}^2$	$R_{S}$ $\Omega cm^{2}$	Q <sub>coat</sub> (F cm <sup>-2</sup> s <sup>n</sup> )	n <sub>coat</sub>	R <sub>1</sub> YSZ coat	Q <sub>b</sub> (F cm <sup>-2</sup> s <sup>n</sup> )	n <sub>b</sub>	$\begin{array}{c} R_2\\ \Omega cm^2 \end{array}$	C <sub>dl</sub> F cm <sup>2</sup>	$\frac{R_3}{\Omega cm^2}$
	Uncoated 316L SS	5644	388		0.81				190	3.933×10 <sup>-5</sup>	534
	600°C	234567	32	1.36x10-7	0.34	537242	0.29×10 <sup>-6</sup>	0.28	431445	0.186×10 <sup>-9</sup>	33842
	800°C	245744	28	2.71x10-7	0.40	546144	0.26×10 <sup>-6</sup>	0.37	443684	0.201×10 <sup>-9</sup>	34562
	900°C	239868	35	1.11x10-7	0.35	531242	0.31×10 <sup>-3</sup>	0.31	428644	0.166×10 <sup>-9</sup>	32982

#### **3.5 CYCLIC POTENTIODYNAMIC POLARIZATION**

Figure8 shows CPP values of optimized nano YSZ coated 316L SS sintered at different temperature (600, 800 and 900°C). It is observed that  $E_{corr}$  values shifted towards less negative direction for the specimen sintered at 800°C compared to other sintering temperature (Fattah-alhosseini et al., 2011). It is observed that the samples are sintered in air at 800°C possess higher corrosion potential (-129 mV) and lower corrosion current density (0.006  $\mu$ A/cm<sup>2</sup>) value compared to samples obtained at other sintering temperatures. Corrosion potential ( $E_{corr}$ ) and corrosion current density ( $I_{corr}$ ) are obtained from the polarization curves by Tafel fit and the obtained values are provided in Table 2.



Figure 8 CPP time measurements obtained for optimized nano YSZ coated 316L SS sintered in air at different sintering temperature.

 Table 2 Tafel fit values of optimised nano YSZ coated (sintered at 600,800 and

900°C under air atmosphere) samples in AS medium comparison with uncoated 316L SS

Sintering Temperature	E <sub>corr</sub> (mV) vs SCE	I <sub>corr</sub> µAcm <sup>-2</sup>
316L SS	-425	2.308
600°C	-148	0.008
800°C	-129	0.006
900°C	-159	0.011

## **3.6 CELL VIABILITY**

The microscopic images of Cell for control cell line, uncoated and nano YSZ coated 316L SS obtained at 70 V and 5 minutes after sintering in air at 600,800 and 900°C for 1 hour withbar graph are presented in Figure9(a-e).The bar graph at Figure 10 represents the bar graph of cell viability by MTT assay for uncoated and nano YSZ coated 316L SS obtained at 70 V and 5 minutes after sintering in air at 600,800 and 900°C for 1 hour. The cell viability

for uncoated 316L SS was observed to be about 75.51%. The cell viability for optimized nano YSZ coated 316L SS at 70 V and 5 minutes was observed to be about 83.25%,95.55% and 80.14%. Hence, the cell viability was more in case of coated samples compared to uncoated metalbecause of its uniform and micro porous coating on the metal surface (**Roberge** et al.,2000 & 25].



**Figure9** (a-c) Microscopic images of Cell for control cell line, uncoated and nano YSZ coated 316L SS obtained at 30 V and 5 minutes after sintering in air at 800°C for 1 hour

#### respectively.



**Figure 10** Bar Graph of cell viability by MTT assay for uncoated andnano YSZ coated 316L SS obtained at 30 V and 5 minutes after sintering in air at 800°C for 1 hour.

#### **4. CONCLUSION**

Nano porous, uniform tightly packed arrangement of nano YSZ corrosion resistance (in AS medium) of the top layer is important for biomedical applications. These properties are essential for dental implants, which enhance cellular response in terms of adhesion density and proliferation of pre-osteoblasts. The experimental results obtained for optimized nano YSZ coated samples sintered at 800°Cshowed significant corrosion resistant property. It was observed that as the sintering temperature changes, the same coated layer failed to meet the following properties such as nano porous, uniformity, tightly packed arrangement. Reproducibility is a big challenge and also time consuming. Hence, we have chosen stabilized nano YSZ to coat 316L SS substrate for dental applications.

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